

Cara Verschraegen

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Citizenship: Belgian
Date of birth: 16 April 1999
Languages spoken: Dutch, English and French



TRAINING

2018 to present: EUROPEAN SCHOOL OF BALLET - Trainee Program
Director: Jean-Yves Esquerre
Teachers: Christiane Marchant, Olivier Wecxsteen, Emilia Jovanovic, Luis Martin

2017 – 2018: DUTCH NATIONAL BALLET ACADEMY
Director: Jean-Yves Esquerre
Teachers: Christiane Marchant, Olivier Wecxsteen

2009 – 2014: ROYAL BALLET SCHOOL ANTWERP - Lower school
Director: Michael Shannon
Teachers: Jee Eun Petiqueux, Dominique De Blauwer, Gabi Sund, Kimmy Lauwens

2014 – 2017: ROYAL BALLET SCHOOL ANTWERP - Upper school
Director: Nadia Deferm
Teachers: Maria Metchkarova, Bart De Block, Kevin Durwael, Eva Moreno, Anatole Karpuchin

2008 – 2017: DANCE STUDIO ARABESQUE
Former director: Irma Swynen - Current director: Geneviève van Quaakebeke
Teachers: Altea Nuñez, Alain Honorez, Laurent Flament, Graig Davidson, Claudia Philips, David Jonathan, Min Hee Bervoets, Audrey Pascal

PERFORMANCE EXPERIENCE (selection)

2018 - National Ballet Academy - Dansers van Morgen - Arenal by Nacho Duato - Leading role
2018 - National Ballet Amsterdam - Sleeping Beauty - Hunt scene, mazurka/polonaise and serinnen fairy
2017 - Ballet Flanders - Joeri Grigorovitsj - Spartacus - Patricians and Weepers
2016 - Open Air show 'Winter in Antwerp' with Scala & Kolacny Brothers - Pas de deux and group piece
2016 - Last year students project - La Mascarade - lead role - Neo-classical
2016 - Yannick Boquin & Sinner Gönenç Boquin - Shostakovich - Classical group piece
2016 - Bart De Block - Paquita - Variation 1
2016 - Ballet Flanders - Sleeping Beauty - Head nurse
2016 - Min Hee Bervoets - Solicitation - Contemporary group piece
2016 - Laurent Flament - Concerto for Dresses - Modern group piece
2016 - Geneviève Van Quaakebeke - 105 & Paintless - Composition choreography group pieces
2016 - Alain Honorez - Entropy - Neo-classical group piece
2016 - Altea Nuñez - Farinelli - Neo-classical group piece
2016 - Jonas Vlerick - Fountain of Youth - Modern group piece
2016 - Samantha Allen Bancillon - Stars and Stripes (exerpt) - Neo-classical solo - Balanchine
2015 - 2016 - Kevin Durwael - Elevation - Neo-classical solo
2015 - Samantha Allen Bancillon - In the middle somewhat elevated (exerpt)- Neo-classical solo - Balanchine
2015 - Ben Van Cauwenbergh – Brel (exerpt) - Classical group piece
2015 - Eva Moreno - Lejos - Spanish group piece (3 girls & 3 boys)
2015 - Maria Metchkarova - Giselle - Peasant variation
2015 - Maria Metchkarova - Paquita - Variation 2
2014 - Craig Davidson - This Bitter Earth - Modern group piece
2014 - David Jonathan - Fountain of youth - Modern group piece
2014 - Geneviève van Quaakebeke - Giselle Act 1
2014 - Jee Eun Petitqueux - Sleeping Beauty - Blue bird variation
2014 - Michael Shannon - Sleeping Beauty - Flower waltz, pages
2013 - Michael Shannon - Coppelia - The waltz of the hours
2013 - Michael Shannon - The Nutcracker - Child
2012 - La Monnaie te Brussel - Lulu (exerpt) - Opera
2012 - The Royal Ballet of Flanders - Sleeping Beauty - Dwarfs, flower waltz
2012 - Michael Shannon - The Nutcracker - Party kid

WORKSHOPS (selection)

2018 - **Nacho Duato** - by Emilia Jovanovic
2018 - **Marius Petipa** - Frescoes - by Irina Zavyalova
2018 - **Nacho Duato** - Arenal - by Luis Martin Oya
2018 - **August Bournonville** - by Dinna Bjorn and Eric Viudes
2017 - 2018 - **David Dawson** - by Christiane Marchant
2017 - 2018 - **William Forsythe** - by Amy Raymond
2017 - 2013 - **Nederland Dans Theater (NDT)** - by among Spencer Dickhaus, Imre van Opstal, Roger van der Poel, Jianhui Wang, César Faria Fernandes, Rachel McNamee
2016 - **Ted Stoffer** - by Ted Stoffer
2016 - **Jiri Kylian** - by Yvan Dubreuil and Aurélie Cayla
2016 - **Leo Mujic** - by Ilja Louwen
2015 - 2016 - **George Balanchine** - by Samantha Allen Bancillon and Altea Nuñez
2015 - **Marco Goecke** - by Ralitz Malehounova
2014 - **Brussels International Ballet** - by Anderson Santana, Jacques Marsa, Michael Shannon, Aron Schmidt
2014 - **Stage Door** - by Michael Shannon, Olga Melnikova, Vadim Bondar, Alexandre Fernandes, Tatiana Gryaznava
2014 - **Improvisation/composition** - by Fernando Hernando Magadan
2014 - **Francesco Nappa** - by Agalie Vandamme
2014 - 2015 - **William Forsythe** - by Aaron S. Watkin and Ana presta
2014 - **Wayne McGregor** - by James Pett and Fukiko Takase
2013 - **Antoine Vereecken** - by Antoine Vereecken
2013 - **Alexander Ekman** - by a dancer of NDT
2012 - **Jiri Kylian** - by Shirley Essenboom
2012 - **Mats Ek** - by Yomit Kalef
2012 - **Sagi Gross** - by Sagi Gross
2011 - **Sidi Larbi Cherkaoui** - by Navala Chaudhari
2011 - **Jiri Kylian** - by Elke Schepers

SUMMER SCHOOLS

Munchen International Ballet School (2017)
Dutch National Summer School (2017)
Palucca Hochschule Für Tanz Dresden (2016 - 2015 - 2014)
Dance Studio Arabesque - International dance stage (2016 - 2015 - 2013)
Royal Ballet School of London (2015 - 2014)
The Royal Ballet School of Antwerp (2015 - 2013 - 2012 - 2011)
L'Ecole De La Danse de L'Opéra de Paris (2013)

COMPETITIONS/AWARDS

2017 - Munich International Dance Competition - **Scholarship** for the summer school + **Performance** on the 'Gala'
2017 - The International Dance Festival Tanzolymp - Competition Classical and Neoclassical Solo – **Gold medal**
2017 - The International Dance Festival Tanzolymp - Neoclassical and modern group piece – **Gold medal**
2015 - The International Ballet Summer School Dresden - **scholarship** - to come back in 2016
2015 - Concours International de Danse Classique de Toulon- **Gold medal, Le grand Prix d'Artistique**
2014 - International Ballet Festival 'Dance Triumph'- **Silver medal**
2010 - Royal Ballet School Antwerp - Baroness Jeanne Brabants - **Outstanding dancer**

CHOREOGRAPHY

2018 - **Audition solo's** for classmates (Trainee Program Amsterdam) - Neo-classical and modern
2016 - **'La Mascarade'** - New ballet created by the last year students - Neo-classical
2016 - **'Own creation'** - Modern solo based on material of Leo Mujic
2016 - **'IS IT?** Just because you can't see something doesn't mean it doesn't exist.' - Modern solo
On the roof of the Royal Ballet School Antwerp
2016 - **'Passacaglia'** - Modern solo on live organ music played by Matteo Balliau
Price: Won the public's price for the best performance of the evening.

LINKS TO VIDEOS

Suspiro by Altea Nuñez - Neo-Classical Solo - Tanzolymp Berlin: <https://youtu.be/tKmjBlp5kwE>
Arenal by Nacho Duato - 'Dancers van morgen' - Trainee Program: https://youtu.be/u3ZPtOx8_Vw
The Mouse - Own Creation: <https://youtu.be/KG87nFJ4ZNM>