

Cara Verschraegen

SOLOIST DANCER at Ballett Eisenach - Landestheater Eisenach, Germany

Email: cara.verschraegen@live.be
Phone: +32 484 87 16 46
Citizenship: Belgian
Date of birth: 16 April 1999
Address: Palmental 3, 99817 Eisenach, Germany
Height: 174 cm

Languages spoken: Dutch, English and work language of French and German



→ WORK EXPERIENCE

2021/09 - recent: **BALLETT EISENACH - SOLOIST DANCER**
Director: Andris Plucis
2021/01 - '21/07: **DE DUTCH DON'T DANCE DIVISION (DDDDD)**
Director: Thom Stuart
2020/09 - '20/12: **BALLET BÉJART - Trainee**
Director: Gil Roman
2019 - 2020: **JUNIOR BALLET ANTWERP - Training**
Director: Alain Honorez

→ EDUCATION/TRAINING

2018 - 2019: **EUROPEAN SCHOOL OF BALLET - Trainee Program**
Director: Jean-Yves Esquerre
Teachers: Christiane Marchant, Olivier Wecxsteen, Emilia Jovanovic, Luis Martin
2017 - 2018: **DUTCH NATIONAL BALLET ACADEMY - Trainee Program**
Director: Jean-Yves Esquerre / Teachers: Christiane Marchant, Olivier Wecxsteen
2009 - 2017: **ROYAL BALLET SCHOOL ANTWERP - Lower and Upper school**
First director: Michael Shannon - Second director: Nadia Deferm
2008 - 2017: **DANCE STUDIO ARABESQUE**
Former director: Irma Swynen - Current director: Geneviève van Quaquebeke



→ PERFORMANCE EXPERIENCE (sorted by the year of premiere) (selection)

Season 2024 - 2025 - Ballet Eisenach

- 'Cinderella' - By Andris Plucis - **Main role; Cindy**

Season 2023 - 2024 - Ballet Eisenach

- 'Paris Paris' - by Julia Grunwald - **Main role: Satine**
- 'Ballett Gala' at Stadttheater Bremerhaven Ballett - dancing 'Chaconne' by Andris Plucis - **Leading pas de deux**
- 'Nutcracker' - by Andris Plucis
- 'The Bach project' - By Andris Plucis
- 'Junge Choreograf*innen VIII' - by the dancers

Season 2022 - 2023 - Ballett Eisenach

- 'Giselle' - By Andris Plucis - **Main role; Giselle**
- 'Total Dance' - **Leading couple** in 'Chaconne' by Andris Plucis & solo part in 'Squad' by Jorge Pérez Martínez
- 'Zorbas' - by Jorge Pérez Martínez
- 'Grand Hotel' - dances choreographed by Lucia Giarratana

Season 2021 - 2022 - Ballett Eisenach

- 'Cabaret' - by Luches Huddleston Jr.
- 'Found souls' - by Alfonso Palencia

- **‘Die Vier Jahreszeiten’** - by Andris Plucis
- **‘Junge Choreograf*innen VII’** - by the dancers
- **‘Licht’** - by Andris Plucis
- **‘Highlights’** - Schubert and 5th Symphony Pdd - By Andris Plucis
- **‘Petruschka / Bolero’** - by Andris Plucis

Season started January 2021 - De Dutch Don't Dance Division

- **‘Palmyra, Queen of the Harem’** - **Classical solo** by Thom Stuart
- **‘Un Ballo’** - by Thom Stuart
- **‘Boxed’** - by Kiran Bonnema
- **‘Stamina’** - by Thom Stuart

Season 2019 - 2020 - European School of Ballet

- **‘Morning Grounds’** by David Dawson - **Leading Role**
- **‘Cantate 51’** by Maurice Béjart - The Virgin - **Leading Role**
- **‘Animated Frescoes’** by Marius Petipa
- **‘Por ti Burgos’** by Luis Martin Ayo - **Leading Role**
- **‘Nutcracker’** - Grand Pas de Deux

Before 2019 - Selection

- 2018 - National Ballet Academy - **‘Arenal’** by Nacho Duato - **Leading role**
- 2018 - National Ballet Amsterdam - **‘Sleeping Beauty’** - Hunt scene, mazurka/polonaise and serinnen fairy
- 2017 - Ballet Flanders - Joeri Grigorovitsj - **‘Spartacus’** - Patricians and Weepers
- 2016 - Last year students project - **‘La Mascarade’** - **leading role** - Neo-classical
- 2016 - Royal Ballet School Antwerp - **‘Shostakovich’** by Yannick Boquin & Sinner Gönenç Boquin
- 2016 - Ballet Flanders - **‘Sleeping Beauty’** - Head nurse
- 2015 - Royal Ballet School Antwerp - **‘Brel (exerpts)’** by Ben Van Cauwenbergh

➔ **WORKSHOPS** (selection)

- 2020 - **Maurice Béjart** - Sonate n°5 Solo and Pas de deux - Ballet Béjart
- 2020 - **Maurice Béjart** - Tous les hommes - Ballet Béjart
- 2020 - **Maurice Béjart** - Greek Dances - Ballet Béjart
- 2019 - **Maurice Béjart** - by Julio Arozarena
- 2019 - **Crystal Pite** - by Eric Beauchesne
- 2019 - 2018 - **August Bournonville** - by Dinna Bjorn and Eric Viudes
- 2019 - 2017 - **David Dawson** - by Christiane Marchant
- 2018 - **Nacho Duato** - by Emilia Jovanovic
- 2018 - **Nacho Duato** - Arenal - by Luis Martin Oya
- 2018 - **Marius Petipa** - Frescoes - by Irina Zavyalova
- 2018 - 2017 - **William Forsythe** - by Amy Raymond

Before 2017:

- **Nederland Dans Theater (NDT)** - by the dancers of NDT
- **Ted Stoffer** - by Ted Stoffer
- **Jiri Kylian** - by Yvan Dubreuil and Aurélie Cayla / by Shirley Essenboom
- **Leo Mujic** - by Ilja Louwen
- **George Balanchine** - by Samantha Allen Bancillon and Altea Nuñez
- **Marco Goecke** - by Ralitz Malehounova
- **William Forsythe** - by Aaron S. Watkin and Ana presta
- **Improvisation/composition** - by Fernando Hernando Magadan
- **Francesco Nappa** - by Agalie Vandamme
- **Wayne McGregor** - by James Pett and Fukiko Takase
- **Antoine Vereecken** - by Antoine Vereecken
- **Alexander Ekman** - by a dancer of NDT
- **Mats Ek** - by Yamit Kalef
- **Sagi Gross** - by Sagi Gross
- **Sidi Larbi Cherkaoui** - by Navala Chaudhari

→ OWN CHOREOGRAPHIES

2024 - Project 'Pop Drops 2' - **'The sound of Silence'** - Solo
2023 - Junge Choreograf*innen 8 (Ballett Eisenach) - **'I remember...'** - story duet
2023 - Junge Choreograf*innen 8 (Ballett Eisenach) - **'Influenced minds'** - group piece
2022 - Junge Choreograf*innen 7 (Ballett Eisenach) - **'Beautiful Creatures'** - group piece
2018 - **Audition solos** for classmates (Trainee Program Amsterdam) - Neo-classical and modern
2016 - **'La Mascarade'** - New ballet created by the last year students - Neo-classical
2016 - **'Own creation'** - Modern solo based on material of Leo Mujic
2016 - **'IS IT?'** - Modern solo - On the roof of the Royal Ballet School Antwerp
2016 - **'Passacaglia'** - Modern solo on live organ music played by Matteo Balliauw
Price: Won the public's price for the best performance of the evening.

→ SUMMER SCHOOLS

Dutch National Summer School (2017)
Munich International Ballet School (2017)
Palucca Hochschule Für Tanz Dresden (2016 - 2015 - 2014)
Dance Studio Arabesque - International dance stage (2016 - 2015 - 2013)
Royal Ballet School of London (2015 - 2014)
The Royal Ballet School of Antwerp (2015 - 2013 - 2012 - 2011)
L'Ecole De La Danse de L'Opéra de Paris (2013)

→ COMPETITIONS/AWARDS

2017 - Munich International Dance Competition - **Scholarship** for the summer school + **Performance** on the 'Gala'
2017 - The International Dance Festival Tanzolymp - Competition Classical and Neoclassical Solo – **Gold medal**
2017 - The International Dance Festival Tanzolymp - Neoclassical and modern group piece – **Gold medal**
2015 - The International Ballet Summer School Dresden - **scholarship** - to come back in 2016
2015 - Concours International de Danse Classique de Toulon- **Gold medal, Le grand Prix d'Artistique**
2014 - International Ballet Festival 'Dance Triumph' - **Silver medal**
2010 - Royal Ballet School Antwerp - Baroness Jeanne Brabants - **Outstanding dancer**

